

ARIZONA OSTEOPATHIC MEDICAL ASSOCIATION
BE A MENTOR - A SMALL AMOUNT OF YOUR TIME MAKES A BIG
DIFFERENCE

If you had a mentor or if you have been a mentor, you know firsthand how rewarding this experience can be. We need physicians who can share a small amount of their time with a future D.O. and make a difference in their life. **IT WILL MEAN SO MUCH TO A MEDICAL STUDENT, INTERN, RESIDENT AND YOU!**

- WHO:** MS-I, MS-II, MS-III and MS-IV students, Interns and residents
- WHAT:** Need a mentor who is a "Big Brother or Big Sister" or Friend "to be there to answer questions, give advice and learn from each other.
- WHEN:** We know your time is limited - it is up to you. As soon as we receive this form, AOMA will contact you with information on the person to whom you have been assigned. They also will receive information on you.
- HOW:** Some of our mentors have established relationships in the following ways:
- monthly telephone calls
 - e-mails
 - meet at AOMA meetings
 - meet for a meal or a cup of coffee
- WHERE:** Anywhere - in person, by telephone, by e-mail, restaurant or your office
- WHY:** Our students, interns and residents are the future of our profession. We need to engage them early in their careers, when a contact with a mentor can make a big difference.

YES, I want to be a mentor.

Name: _____

Speciality: _____

City: _____ Zip: _____ Phone: _____ E-mail: _____

Best time of day to be contacted _____ Preferred mode of communication _____

Please indicate (X) your preference. If you would like to accept more than one person to take under your guidance, please check below:

_____ First or second year medical student _____ third or fourth year medical student

_____ Intern or Resident _____ no preference

Please indicate number of mentees: I can be a mentor for _____ (#)

Please return completed form to:

AOMA office, Fax (602) 266-1393 or e-mail with complete information to pbird@az-osteop.org

Thank you for your commitment to the Osteopathic Medical Profession
AOMA, 5150 N. 16th Street, Suite A-122, Phoenix, AZ 85016 Ph: 602-266-6699 and 888-266-6699
www.az-osteop.org