

2012

OSTEOPATHIC MEDICAL PROFESSION REPORT



AMERICAN OSTEOPATHIC ASSOCIATION

TREATING OUR FAMILY AND YOURS

TABLE OF CONTENTS

OSTEOPATHIC PHYSICIANS (DOs)

Growth in Osteopathic Physicians	2
Osteopathic Postdoctoral Training Institution & Program Enrollment	3

Diversity among Osteopathic Physicians

Growth in Female Osteopathic Physicians	4-5
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Osteopathic Physicians within the U.S.

States with the Largest DO Population	5
DO Population within all 50 States	6-7

Osteopathic Physician Specialties

DO Distribution among Medical Specialties	8
Osteopathic Board Certification	8-9

Age of Osteopathic Physicians

Age of the DO Population	9
Age of the DO Population by Gender	9-10

OSTEOPATHIC MEDICAL STUDENTS

Growth in Osteopathic Medical Students	11
Growth in Colleges of Osteopathic Medicine Enrollment	12-13

Diversity among Osteopathic Medical Students

Growth in Female Osteopathic Medical Students	13-14
Ethnicity of Osteopathic Medical Students	14-16

OSTEOPATHIC PHYSICIANS (DOs)

THE OSTEOPATHIC MEDICAL PROFESSION

Developed more than 130 years ago by Andrew Taylor Still, MD, DO, osteopathic medicine brings a unique philosophy to traditional medicine. With an emphasis on the inter-relationship of the body's nerves, muscles, bones and organs, osteopathic medical school curriculum prepares osteopathic medical students to apply the philosophy of treating the whole person to prevent, diagnose and treat illness, disease and injury.

Osteopathic physicians (DOs) are fully-licensed to prescribe medicine and practice in all specialty areas including surgery. DOs are trained to consider the health of the whole person and use their hands to help diagnose and treat their patients.

As of May 31, 2012
Number of DOs: 77,784*

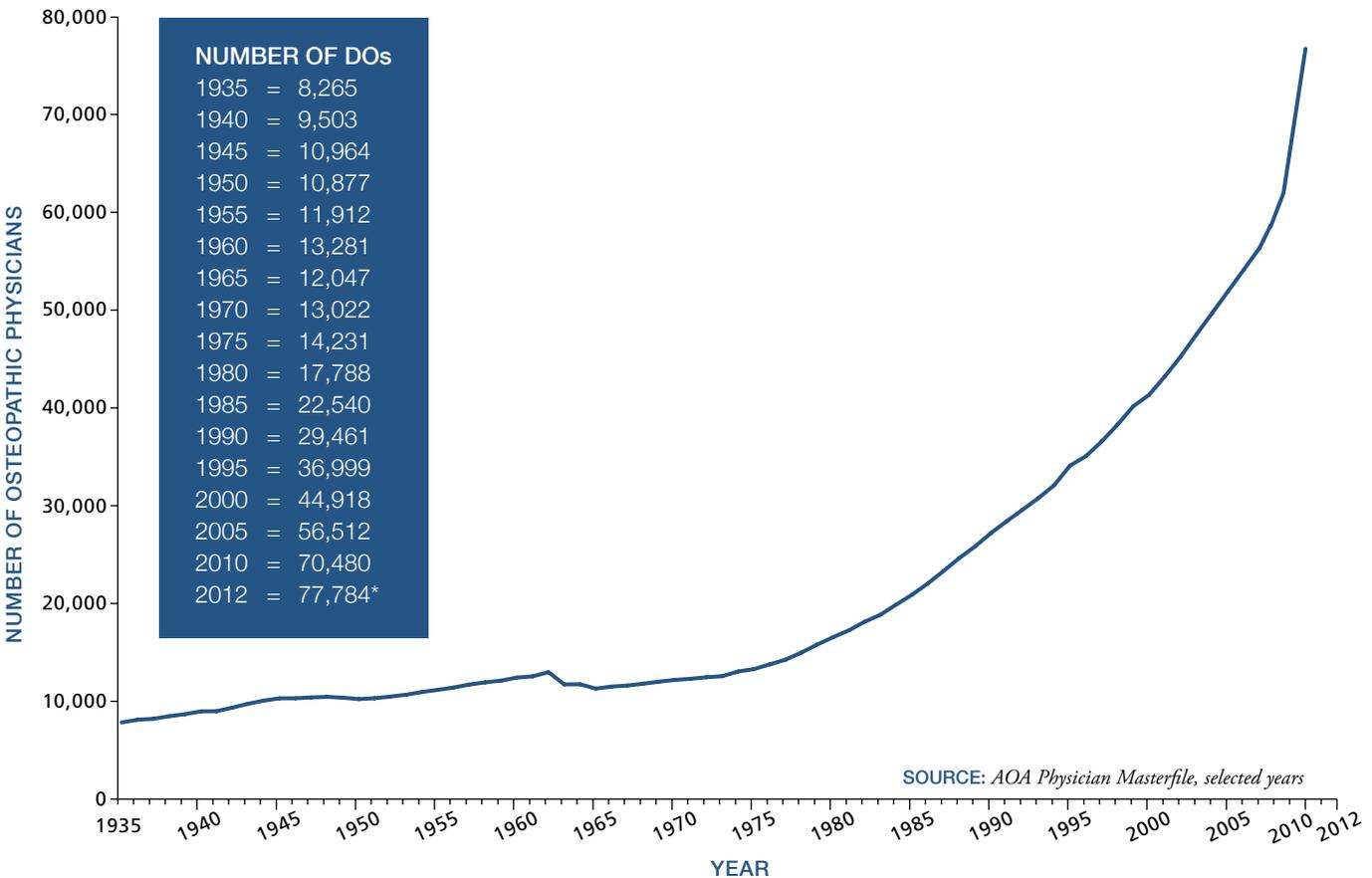
Estimated number of DOs
in active practice: 69,429

** This number does not include the 2012 osteopathic medical school graduates. Including an estimated 4,773 graduates, there are more than 82,500 DOs in the United States.*

Growth in Osteopathic Physicians

DOs are one of the fastest growing segments of health care professionals in the United States. At the current rate of growth, it is estimated that more than 100,000 osteopathic physicians will be in active medical practice by the year 2020. The graph below shows the growth in the number of DOs since 1935.

Number of Osteopathic Physicians 1935-2012



** This number does not include the 2012 osteopathic medical school graduates. Including an estimated 4,773 graduates, there are more than 82,500 DOs in the United States.*

AS OF MAY 31, 2012

Number of accredited OPTIs: 20
 Approved Internship Training Programs: 132
 Approved Internship Training Positions: 1,279
 Approved Residency Training Programs: 883
 Approved Residency Training Positions: 9,741

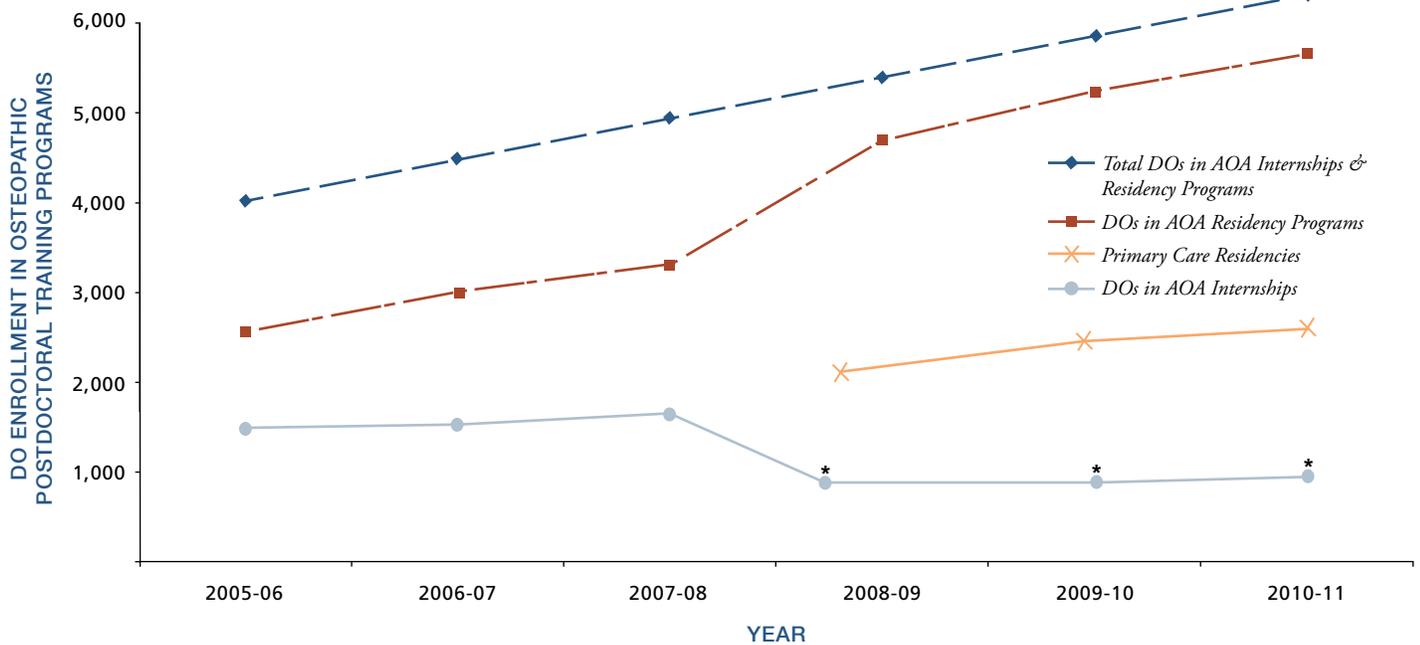
Osteopathic Postdoctoral Training Institution & Program Enrollment

The American Osteopathic Association (AOA) established the Osteopathic Postdoctoral Training Institution (OPTI) in 1995.

Each OPTI is a community-based training consortium comprised of at least one college of osteopathic medicine and one hospital. Other hospitals and ambulatory care facilities may also partner within an OPTI. Community-based health care facilities such as ambulatory care clinics, rehabilitation centers and surgicenters now have the resources and support necessary to provide physician training with an OPTI's assistance.

The following graph and table illustrate the growth in osteopathic physician enrollment in postdoctoral training programs for each academic year since 2005-06. They also illustrate the growth in number of DOs in primary care residencies. Today, over 47% of DOs in AOA residency programs are in primary care residencies, which include general practice, family practice, pediatrics, internal medicine, and obstetrics/gynecology.

Osteopathic Physician (DO) Enrollment in Osteopathic Postdoctoral Training Programs



	2005-06	2006-07	2007-08	2008-09	2009-10	2010-11
Total DOs in AOA Internship & Residency Programs	4,020	4,514	4,934	5,369	5,805	6,322
DOs in AOA Residency Programs	2,535	2,989	3,289	4,794	5,247	5,731
DOs in AOA Internships	1,485	1,525	1,645	605*	558*	591*
DOs in AOA Primary Care Residencies				2,117**	2,426	2,744

SOURCE: AOA Intern/Resident contracts received by AOA Department of Education and AOA's Trainee Information, Verification, and Registration Audit System for academic year shown.

* In July 2008, the AOA restructured the first postdoctoral year of training. As a result, most first year positions are now offered as residency positions; though internships are still required in certain specialties. Prior to 2008, all AOA first year postdoctoral training was classified as an internship.

** Prior to 2008-09, trainees spent the first year of training in an AOA Internship program.

DIVERSITY AMONG OSTEOPATHIC PHYSICIANS

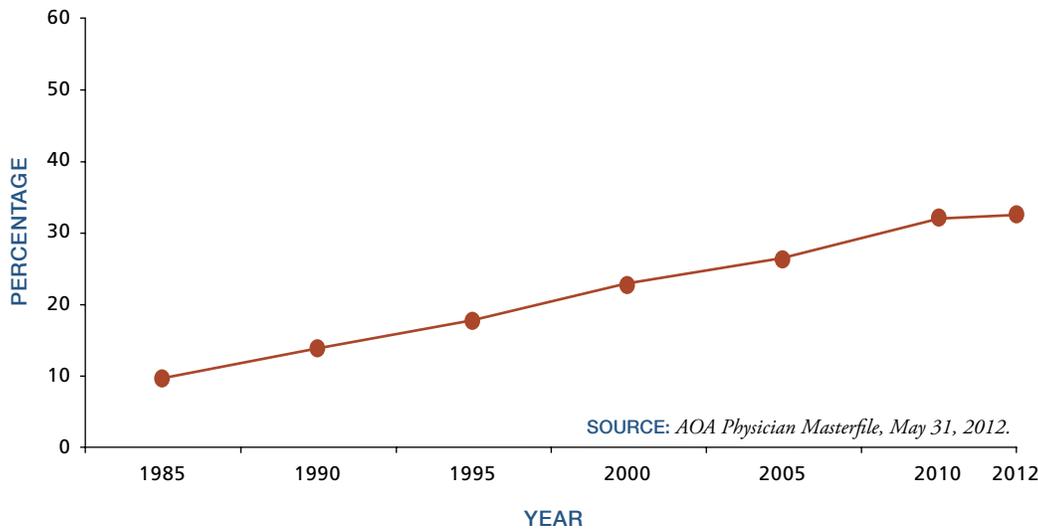
GROWTH IN FEMALE OSTEOPATHIC PHYSICIANS

Since the first class convened at the American School of Osteopathy in 1892-1893, women have been a part of the osteopathic medical profession. Today, women account for over a third of all DOs and this number is expected to continue to rise as more and more women enroll in osteopathic medical schools around the U.S.

Percent of Female Osteopathic Physicians

	1985	1990	1995	2000	2005	2010	2012
DOs	9.7	13.9	17.9	22.8	26.7	32.0	33.8

Percent of Female Osteopathic Physicians 1985-2012



The table below further illustrates the increase in female osteopathic physicians. Today, almost half of all DOs in active practice four years or less after graduation are female.

DOs in Active Practice by Number of Years after Osteopathic Medical School Graduation

# Years after Graduation	Female	Male	Total	% Female
0-4	7,246	7,577	14,823	48.9
5-9	6,333	7,548	13,881	45.6
10-14	4,481	7,121	11,602	38.6
15-19	3,067	5,854	8,921	34.4
20-24	2,178	5,272	7,450	29.2
25-29	1,497	5,170	6,667	22.5
30+	760	5,325	6,085	12.5
Total	25,562	43,867	69,429	36.8

SOURCE: AOA Physician Masterfile, May 31, 2012.

NOTE: Active practice includes all osteopathic physicians under the age of 65 who are not known to be inactive or retired.

OSTEOPATHIC PHYSICIANS WITHIN THE U.S.

STATES WITH THE LARGEST DO POPULATION

DOs have historically been concentrated in a few states like Michigan, Pennsylvania and Ohio. However, in recent years this pattern has changed and DO populations are increasing distribution throughout all 50 states.

Distribution of DOs in States With Top DO Populations

State	1984		State	2012	
	DOs	% of total DO population		DOs	% of total DO population
FL	1,373	6.4	OH	4,950	6.4
MO	1,375	6.4	NY	5,085	6.5
TX	1,476	6.8	CA	5,466	7.0
OH	1,894	8.8	FL	5,564	7.2
PA	2,753	12.9	MI	6,681	8.6
MI	3,246	15.1	PA	7,541	9.7
Total	10,744	56.4	Total	35,287	45.4

SOURCE: AOA Physician Masterfile, May 31, 2012.

DO Population Within all 50 States and Washington, DC

The table below is a detailed look at the number of DOs in each state; the number of actively practicing DOs in each state; and the number of AOA members in each state.

State of Residence of All DOs; DOs in Active Practice; and AOA Members

State	All DOs		DOs in active practice		AOA DO Members	
	N	%*	N	%*	N	%*
AK	190	0.2	178	0.3	76	0.2
AL	509	0.7	473	0.7	206	0.5
AR	319	0.4	287	0.4	150	0.3
AZ	2,230	2.9	1,848	2.7	1,227	2.8
CA	5,466	7.0	5,166	7.4	2,744	6.3
CO	1,315	1.7	1,134	1.6	594	1.4
CT	567	0.7	556	0.8	207	0.5
DC	97	0.1	93	0.1	27	0.1
DE	336	0.4	299	0.4	182	0.4
FL	5,564	7.2	4,634	6.7	3,760	8.6
GA	1,103	1.4	986	1.4	483	1.1
HI	255	0.3	239	0.3	91	0.2
IA	1,419	1.8	1,260	1.8	534	1.2
ID	341	0.4	314	0.5	127	0.3
IL	3,042	3.9	2,876	4.1	1,505	3.5
IN	1,072	1.4	955	1.4	596	1.4
KS	871	1.1	775	1.1	394	0.9
KY	678	0.9	639	0.9	358	0.8
LA	212	0.3	200	0.3	83	0.2
MA	872	1.1	831	1.2	284	0.7
MD	926	1.2	883	1.3	338	0.8
ME	813	1.0	734	1.1	474	1.1
MI	6,681	8.6	5,643	8.1	5,504	12.7
MN	659	0.8	627	0.9	278	0.6
MO	2,496	3.2	2,076	3.0	1,382	3.2
MS	410	0.5	386	0.6	202	0.5
MT	197	0.3	183	0.3	83	0.2
NC	1,113	1.4	1,050	1.5	511	1.2
ND	79	0.1	74	0.1	32	0.1
NE	220	0.3	211	0.3	72	0.2
NH	315	0.4	304	0.4	127	0.3
NJ	3,882	5.0	3,407	4.9	2,239	5.2

(Continued on the next page)

State of Residence of All DOs; DOs in Active Practice; and AOA Members

(Continued)

State	All DOs		DOs in active practice		AOA DO Members	
	N	%*	N	%*	N	%*
NM	332	0.4	273	0.4	170	0.4
NV	704	0.9	628	0.9	391	0.9
NY	5,085	6.5	4,834	7.0	2,259	5.2
OH	4,950	6.4	4,396	6.3	3,426	7.9
OK	2,049	2.6	1,793	2.6	1,511	3.5
OR	858	1.1	760	1.1	406	0.9
PA	7,541	9.7	6,645	9.6	4,828	11.1
RI	257	0.3	234	0.3	126	0.3
SC	566	0.7	517	0.7	278	0.6
SD	160	0.2	145	0.2	61	0.1
TN	836	1.1	755	1.1	409	0.9
TX	4,704	6.0	4,081	5.9	2,065	4.8
UT	444	0.6	419	0.6	149	0.3
VA	1,389	1.8	1,327	1.9	672	1.5
VT	94	0.1	82	0.1	44	0.1
WA	1,221	1.6	1,051	1.5	581	1.3
WI	1,007	1.3	917	1.3	474	1.1
WV	914	1.2	856	1.2	607	1.4
WY	102	0.1	98	0.1	52	0.1
Total U.S.	77,462	99.6	69,132	99.6	43,379	99.8
Unknown or outside U.S.	322	0.4	297	0.4	93	0.2
Total	77,784	100.0	69,429	100.0	43,472	100.0

*Counts based on preferred mailing address, which can be either home or business.

Cases where no preferred address is indicated are treated as unknown.

SOURCE: AOA Physician Masterfile, May 31, 2012.

OSTEOPATHIC PHYSICIAN SPECIALTIES

DO DISTRIBUTION AMONG MEDICAL SPECIALTIES

Due to an aging U.S. population and a preference by graduates to enter specialty practice, the country is facing an impending primary care physician shortage. In 2012, more than 60% of DOs are primary care physicians, meaning that they practice in any of the following specialties: general practice, family practice, pediatrics, internal medicine, and obstetrics/gynecology.

Self-Identified DO Practice Specialties, 1984-2012

Year	Family and general practice		General internal medicine		Pediatrics and adolescent medicine		Obstetrics		Osteopathic manipulative medicine (OMM) or osteopathic manipulative treatment (OMT) specialties		Other specialty	
	DOs	%	DOs	%	DOs	%	DOs	%	DOs	%	DOs	%
2012	22,363	37.9	7,618	12.9	3,373	5.7	2,727	4.6	946	1.6	22,003	37.3
2011	22,834	39.0	7,481	12.8	3,284	5.6	2,698	4.6	811	1.4	21,402	36.6
2010	19,737	39.1	5,687	11.3	2,612	5.2	2,170	4.3	902	1.8	19,010	37.7
2009	18,964	40.9	4,620	10.0	2,178	4.7	2,001	4.3	813	1.8	17,613	38.0
2008	18,680	42.6	4,171	9.5	1,995	4.5	1,858	4.2	656	1.5	16,178	36.9
2007	18,976	44.7	4,037	9.5	1,791	4.2	1,637	3.9	602	1.4	14,665	34.5
2006	18,610	46.1	3,468	8.6	1,325	3.3	1,543	3.8	498	1.2	14,020	34.7
2005	17,800	46.3	3,107	8.1	1,176	3.1	1,465	3.8	464	1.2	13,431	34.9
2004	16,752	45.5	2,994	8.1	1,127	3.1	1,416	3.8	448	1.2	13,050	35.5
1994	10,136	44.8	1,487	6.6	560	2.5	754	3.3	753	3.3	8,048	35.5
1984	7,224	56.4	598	4.7	236	1.8	361	2.8	62	0.5	3,033	23.7

NOTES/SOURCES: The table includes only DOs in active practice and out of postdoctoral training. All DOs who graduated after Jan. 1, 2008, are assumed to be in an internship or residency. The AOA Masterfile was used to identify DOs in residency programs. "Pediatrics and adolescent medicine" include all specialties where the patient is a child or an adolescent and includes both general pediatricians and pediatric specialties. The categories "Family and general practice" and "General internal medicine" do not include family physicians, general practitioners and general internists who also practice secondary specialties. Those osteopathic physicians are counted under "Other Specialty." The category "OMT/OMM" includes family physicians who stress OMT in their practices in addition to osteopathic physicians who specialize in OMM. Board certifications were used when self-identified practice specialty was not available but this does not equate to the entire population of DOs.

As of May 31, 2012, Number of AOA Certifying Boards: 18

Number of DOs Actively Board Certified by the AOA

2006-07	2007-08	2008-09	2009-10	2010-11	2011-12
20,877	22,205	22,395	23,001	23,885	24,870

Number of Specialty, Subspecialty and Areas of Added Qualifications Possible for AOA Certification

2006-07	2007-08	2008-09	2009-10	2010-11	2011-12
88	67	72	75	75	77

AGE OF PHYSICIAN POPULATION

Age of DOs in Active Practice

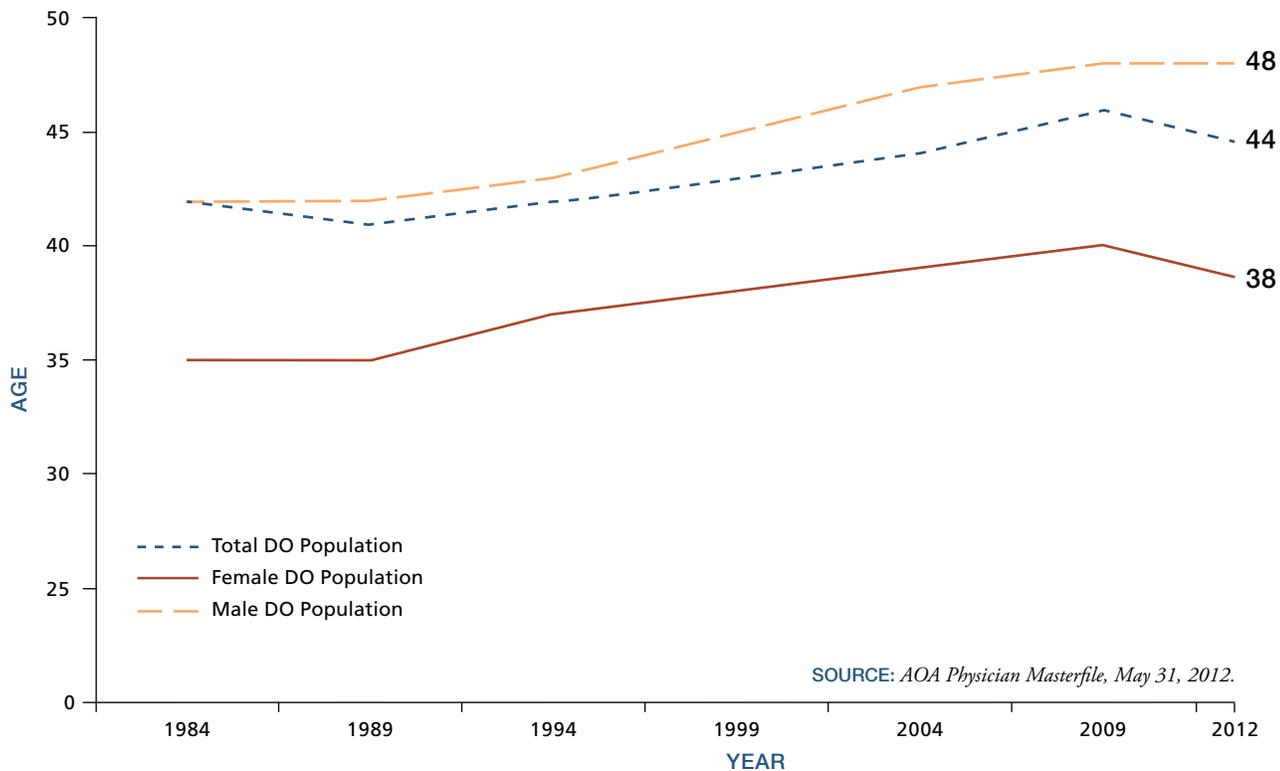
Age	Female	% of all Female	Male	Total
< 35	9,367	36.6	8,829	18,196
35-44	8,612	33.7	13,616	22,228
45-54	4,818	18.8	11,054	15,872
55-64	2,504	9.8	10,063	12,567
Age Unknown	261	1.0	305	566
Total	25,562	100.0	43,867	69,429

SOURCE: AOA Physician Masterfile, May 31, 2012.

Age of the DO Population by Gender

The following graph shows further detail of the DO population by age and gender.

Median Age of Osteopathic Physicians



SOURCE: AOA Physician Masterfile, May 31, 2012.

The DO Population by Age

Age	1984		1994		2004		2012	
	DOs	%	DOs	%	DOs	%	DOs	%
< 35	6,136	28.4	7,379	21.1	11,537	21.4	18,215	23.4
35-44	5,832	27.0	13,326	38.1	15,782	29.3	22,243	28.6
45-54	3,210	14.9	6,535	18.7	14,752	27.3	15,973	20.5
55-64	2,753	12.7	3,085	8.8	6,552	12.1	12,986	16.7
65+	3,680	17.0	4,631	13.2	5,318	9.9	7,787	10.0
Age Unknown							580	0.7
Total	21,611	100.0	34,956	100.0	53,941	100.0	77,784	100.0
Median Age:	42		42		44		44	

Female DO Population by Age

Age	1984		1994		2004		2012	
	DOs	%	DOs	%	DOs	%	DOs	%
< 35	940	49.8	2,185	36.7	4,711	33.9	9,367	35.6
35-44	348	18.4	2,716	45.6	4,963	35.7	8,623	32.8
45-54	87	4.6	615	10.3	3,298	23.7	4,874	18.5
55-64	108	5.7	95	1.6	684	4.9	2,619	10.0
65+	406	21.5	347	5.8	250	1.8	533	2.0
Age Unknown							261	1.0
Total	1,889	100.0	5,958	100.0	13,906	100.0	26,277	100.0
Median Age:	35		37		39		38	

Male DO Population by Age

Age	1984		1994		2004		2012	
	DOs	%	DOs	%	DOs	%	DOs	%
< 35	5,196	26.3	5,194	17.9	6,826	17.1	8,831	17.2
35-44	5,484	27.8	10,610	36.6	10,819	27.0	13,620	26.5
45-54	3,123	15.8	5,920	20.4	11,454	28.6	11,099	21.6
55-64	2,645	13.4	2,990	10.3	5,868	14.7	10,367	20.1
65+	3,274	16.6	4,284	14.8	5,067	12.7	7,254	14.1
Age Unknown							307	0.6
Total	19,722	100.0	28,998	100.0	40,034	100.0	51,478	100.0
Median Age:	42		43		47		48	

SOURCE: AOA Physician Masterfile, May 31, 2012.

OSTEOPATHIC MEDICAL STUDENTS

In addition to the DO population growth, the osteopathic medical student population is increasing. Currently in the 2012-13 academic year, the AOA's Commission on Osteopathic College Accreditation (COCA), accredits 26 colleges of osteopathic medicine operating in 34 locations. The table below illustrates the growth in osteopathic medical school student enrollment each academic year since 2006-07.

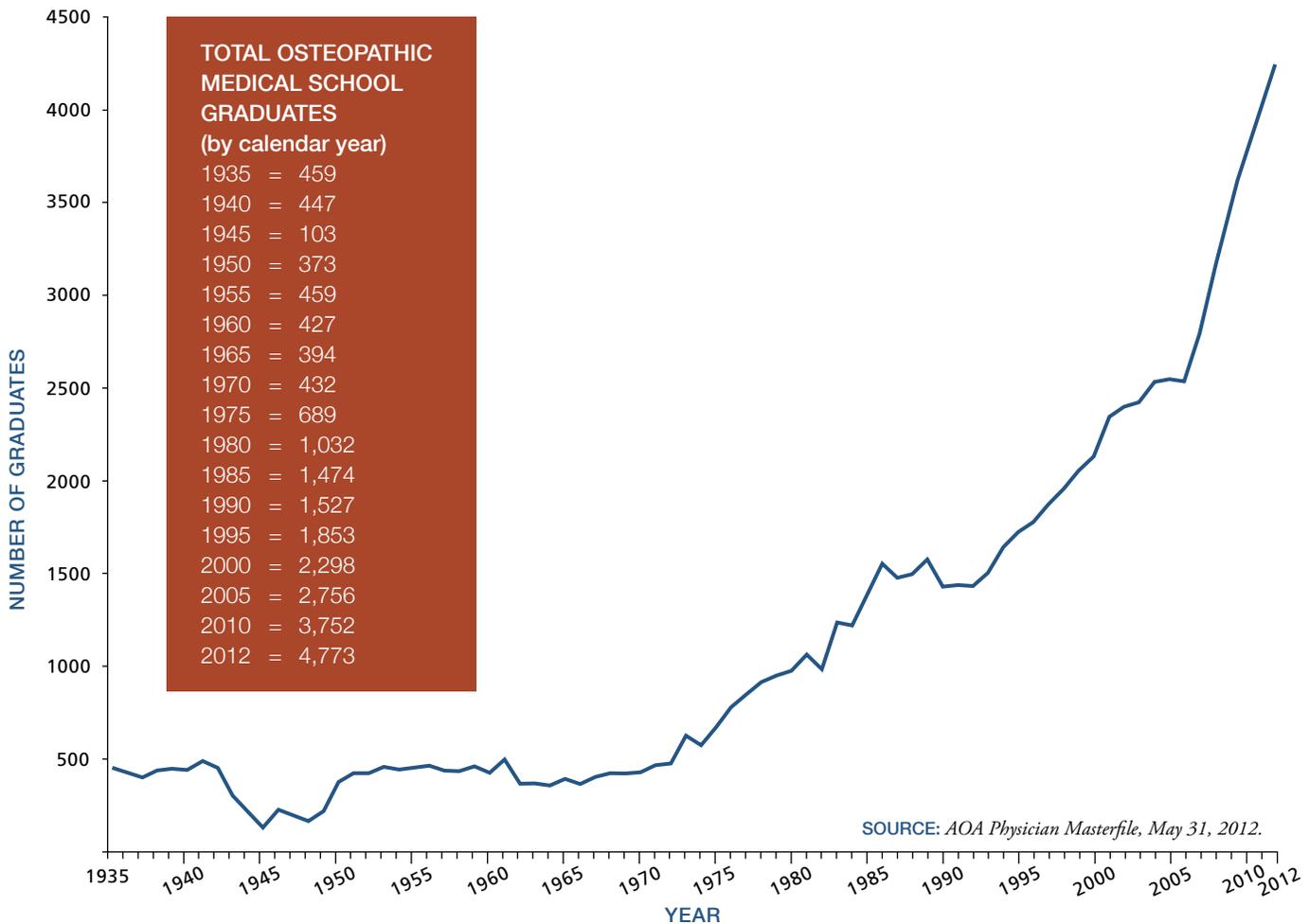
Percent Increase of Osteopathic Medical School Enrollment

	2006-07	2007-08	2008-09	2009-10	2010-11	2011-12
Total enrollment	14,409	15,634	16,893	18,033	19,427	20,663
Change from prior year	7.5% ↑	8.5% ↑	8.1% ↑	6.7% ↑	7.7% ↑	6.4% ↑

SOURCE: Trends in Osteopathic Medical School Applicants, Enrollment and Graduates, American Association of Colleges of Osteopathic Medicine (AACOM) March 2012. www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

The graph below illustrates the growth in osteopathic medical school graduates each calendar year since 1935.

Total Osteopathic Medical School Graduates 1935-2012



Growth in Colleges of Osteopathic Medicine Enrollment

For a more detailed look at the increase in osteopathic medical school students, the table on this page reports the number of enrolled osteopathic medical school students for each osteopathic medical school or branch campus in the past five years, where applicable.

Osteopathic Medical School Total Enrollment by Academic Year

College of Osteopathic Medicine	Total Enrollment				
	2007-08	2008-09	2009-10	2010-11	2011-12
Midwestern University/Arizona College of Osteopathic Medicine	589	705	799	913	1,010
Midwestern University/Chicago College of Osteopathic Medicine	675	676	722	754	770
Des Moines University – College of Osteopathic Medicine	840	850	869	871	886
Kirksville College of Osteopathic Medicine – A.T. Still University of Health Sciences	697	698	698	701	692
Lake Erie College of Osteopathic Medicine – PA	942	973	1,091	1,236	1,345
Lake Erie College of Osteopathic Medicine – FL	626	632	626	626	671
Michigan State University College of Osteopathic Medicine	787	845	959	1,068	1,161
New York College of Osteopathic Medicine of New York Institute of Technology ¹	1,202	1,175	1,182	1,178	1,186
Nova Southeastern University College of Osteopathic Medicine	917	925	928	954	970
Ohio University Heritage College of Osteopathic Medicine	439	447	463	465	492
Oklahoma State University Center for Health Sciences College of Osteopathic Medicine	343	354	357	359	365
Philadelphia College of Osteopathic Medicine – PA	1,084	1,088	1,083	1,100	1,087
Philadelphia College of Osteopathic Medicine – GA	252	338	339	343	390
University of Pikeville – Kentucky College of Osteopathic Medicine	301	306	302	304	309
Kansas City University of Medicine and Biosciences College of Osteopathic Medicine	977	1,022	1,013	985	986
Touro University College of Osteopathic Medicine – CA	544	551	550	551	562
Touro University College of Osteopathic Medicine – NV	440	494	523	531	538
University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine	413	428	463	510	549
University of New England College of Osteopathic Medicine	501	505	495	508	508
University of North Texas Health Science Center – Texas College of Osteopathic Medicine	593	637	685	728	800
Edward Via College of Osteopathic Medicine – Virginia	645	676	707	719	748
Edward Via College of Osteopathic Medicine – Carolinas					162
Western University of Health Sciences College of Osteopathic Medicine of the Pacific	829	847	873	875	986
West Virginia School of Osteopathic Medicine	596	695	778	811	813
A.T. Still University – School of Osteopathic Medicine – AZ	107	204	314	409	419
Lincoln Memorial University – DeBusk College of Osteopathic Medicine	160	320	475	620	617

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Touro College of Osteopathic Medicine – NY	135	268	388	510	528
Pacific Northwest University of Health Sciences, College of Osteopathic Medicine		75	149	224	294
Rocky Vista University College of Osteopathic Medicine		159	312	464	608
William Carey University – College of Osteopathic Medicine				110	211
Total	15,634	16,893	18,033	19,427	20,663

NOTES: 'NYCOM/NYIT's data includes the Accelerated Program for Emigré Physicians (APEP) students.

SOURCE: Applications, First Year Enrollment, Total Enrollment and Graduates by Osteopathic Medical School, (April 23, 2012). www.aacom.org/data. All osteopathic medical student statistics used with permission from American Association of Colleges of Osteopathic Medicine (AACOM).

DIVERSITY AMONG OSTEOPATHIC MEDICAL STUDENTS

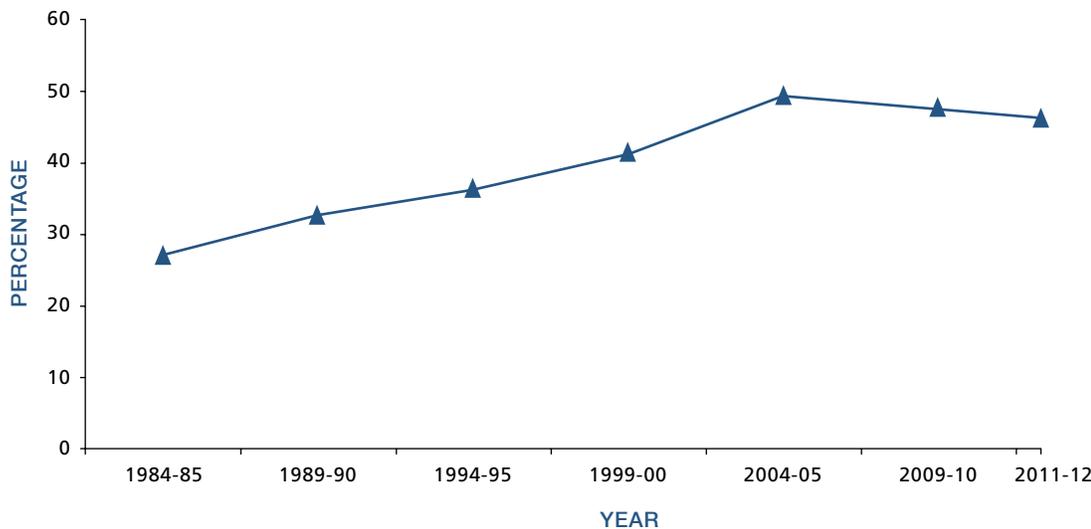
GROWTH IN FEMALE OSTEOPATHIC MEDICAL STUDENTS

While few career paths were open to women in the late 1800s, the first class to convene at the American School of Osteopathy in 1892-1893 included women. The number of female DOs increased until World War II, when female enrollment sharply decreased. However, by the 1960s women were again a prominent number in osteopathic medical schools. Today, women account for nearly half of the total enrollment in osteopathic medical schools.

Percent of Female Osteopathic Medical Students

	1984-85	1989-90	1994-95	1999-2000	2004-05	2009-10	2011-12
Osteopathic Medical Students	27.2	32.7	36.3	41.1	49.6	47.6	46.0

Percent of Female Osteopathic Medical Students 1985-2012



SOURCE: Trends in Osteopathic Medical School applicants, Enrollment and Graduates, American Association of Colleges of Osteopathic Medicine (AACOM) March 2012. www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.

While the percent of female enrollment in osteopathic medical schools has declined in recent years, the total number of female osteopathic medical students has steadily increased.

Total Osteopathic Medical School Enrollment by Gender

Academic Year	# of Males	%	# of Females	%	Total Enrolled
2006-07	7,163	49.7	7,246	50.3	14,409
2007-08	7,904	50.6	7,730	49.4	15,634
2008-09	8,678	51.4	8,215	48.6	16,893
2009-10	9,442	52.4	8,591	47.6	18,033
2010-11	10,259	52.8	9,168	47.2	19,427
2011-12	11,117	54.0	9,546	46.0	20,663

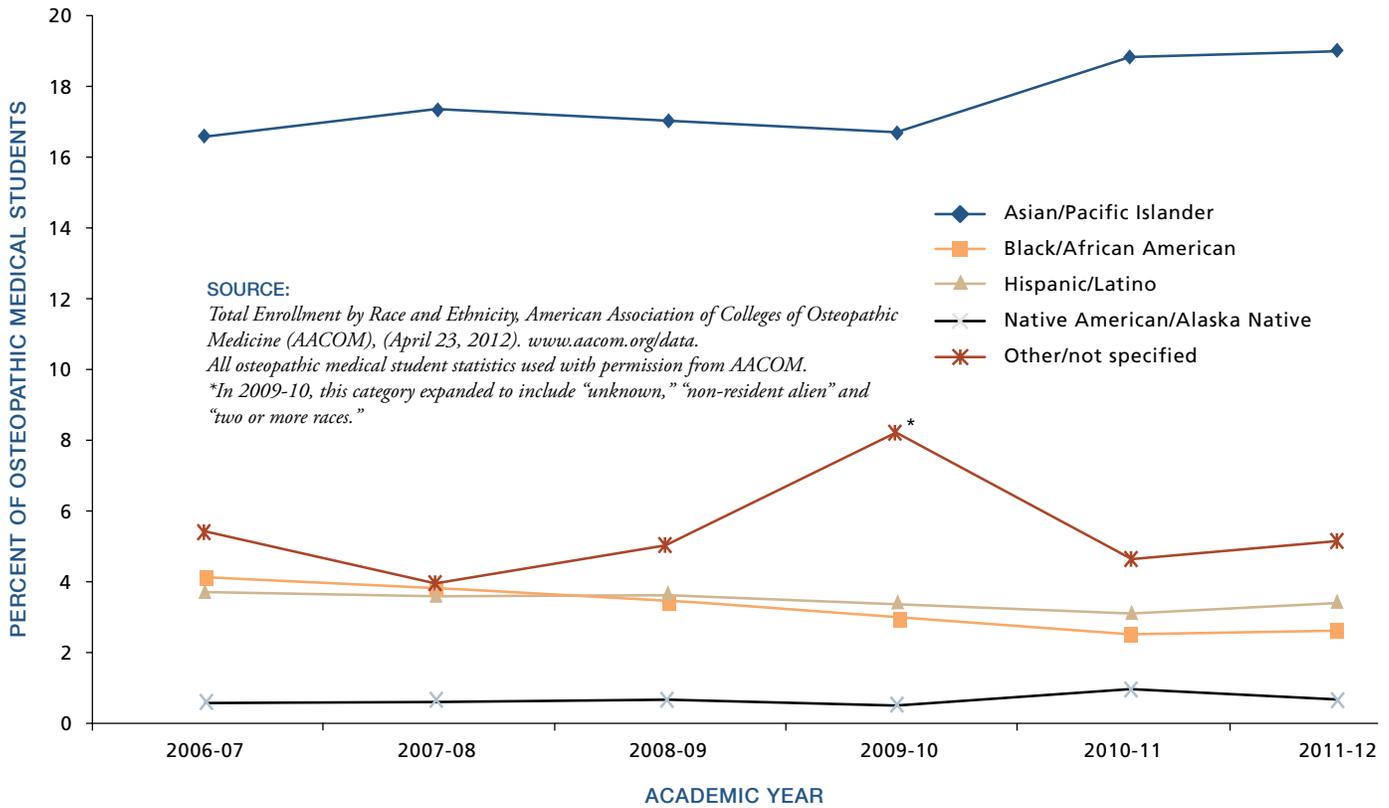
SOURCE: Total Enrollment by Gender 1968-2012 (April 23, 2012). www.aacom.org/data.
All osteopathic medical student statistics used with permission from the American Association of Colleges of Osteopathic Medicine (AACOM).

Ethnicity of Osteopathic Medical Students

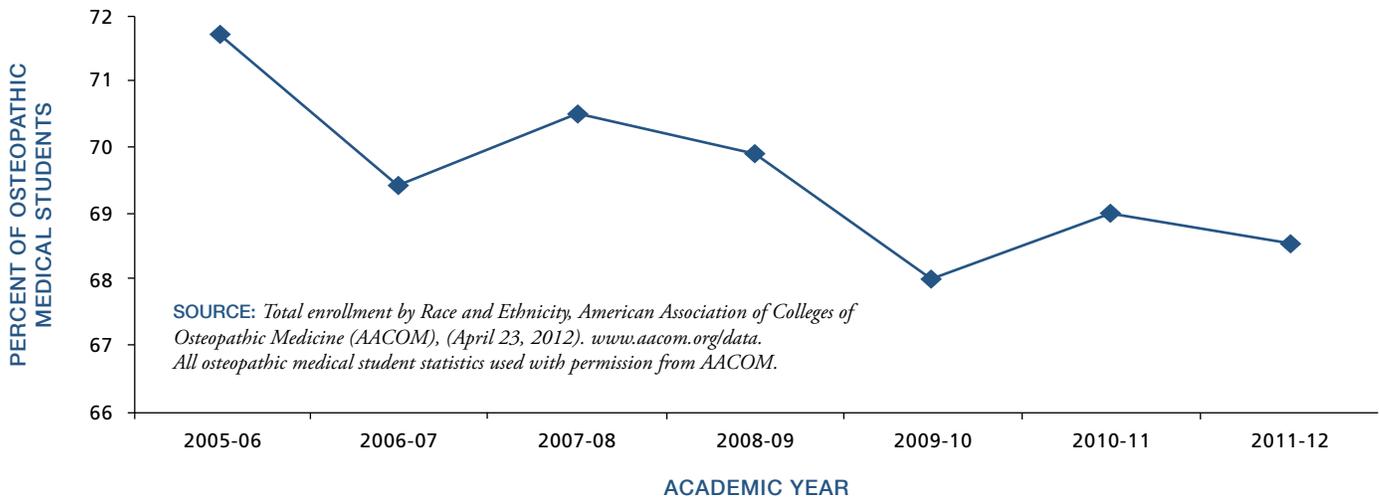
The diversity of osteopathic medical schools is not only represented in the female population. The American Association of Colleges of Osteopathic Medicine (AACOM) plays a critical role in encouraging all minorities to pursue a career in osteopathic medicine. The following graphs and table represent the declining percentage of White/Non-Hispanic osteopathic medical students and the increasing percentage of other ethnicities among enrolled osteopathic medical students.



Osteopathic Medical School Enrollment Percentage Asian/Pacific Islanders; Black/African American; Hispanic/Latino; Native American/Alaska Native



Osteopathic Medical School Enrollment Percentage White/Non-Hispanic



TOTAL OSTEOPATHIC MEDICAL STUDENT ENROLLMENT BY RACE/ETHNICITY

Race/Ethnicity	2007-08	2008-09	2009-10	2010-11	2011-12
Total White/Non-Hispanic	11,028	11,819	12,271	13,405	14,174
%	70.6	69.9	68.1	69.0	68.6
Total Asian/Pacific-Islander	2,713	2,895	3,014	3,774	3,987
%	17.4	17.1	16.7	19.4	19.3
Total Black/African American	600	595	540	576	576
%	3.8	3.5	3.0	3.0	2.8
Total Hispanic/Latino	569	626	619	664	717
%	3.6	3.7	3.4	3.4	3.5
Native American/Alaska Native	102	121	104	130	111
%	0.7	0.7	0.6	0.7	0.5
Total other or not entered**	622	845	1,485	878	1,098
%	4.0	5.0	8.2	4.5	5.3
Total	15,634	16,901*	18,033	19,427	20,663

*2008-09 totals more than the 16,893 students because of multiple entries allowed.

**In 2009-10, this category expanded to include "unknown," "non-resident alien" and "two or more races."

SOURCE: Total Enrollment by Race and Ethnicity, American Association of Colleges of Osteopathic Medicine (AACOM), (April 23, 2012). www.aacom.org/data. All osteopathic medical student statistics used with permission from AACOM.



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